

Associates in Internal Medicine, P.C.
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Annual Physical Examination Guidelines

Date: _____

Print Patients Name: _____

Dear Patient,

Our group strongly suggests that all patients have complete physical examination on a yearly basis. This is mandatory for patients on maintenance medication for hypertension, lipid lowering, diabetic, psychiatric, thyroid and asthma conditions, as well as follow up visits. Most insurance companies do cover these visits, excluding Medicare, which does not cover yearly physicals. However, some plans do not cover yearly physical exams and have their own specific guidelines pertaining to well care visits. Guidelines implicated by insurance companies are not always in the patients' best interest. It is the responsibility of the patient to research what their insurance plans' specific guidelines are in regards to yearly physical exams.

Thank you,

Associates in Internal Medicine, P.C.

(SIGNATURE OF PATIENT)

(DATE)

